

- The 2017 Dublin City **Operation Transformation Walk** will take place on the morning of Saturday January 7th. The 5k route will comprise of sections of the DCU Campus in Glasnevin/Whitehall and Albert College Park. Refreshments will be served in The Helix immediately following the walk. This event is organised in its entirety by the DCSWP and will feature on the hugely popular RTE programme.
- The 2017 **Lord Mayor's 5 Alive Challenge** kicks off on New Year's Day in the Phoenix Park with the Liffey Valley Tom Brennan Memorial 5K. The five race series is proving as popular as ever with the maximum 450 entrants signing up within an hour of registration opening. The challenge runs from January to April and more details can be found at: www.dublincity.ie/lord-mayor-5-alive-challenge-2017
- **Community Walking Programme – Red Stables, St. Anne's Park**
As part of the *Get Ireland Walking* initiative, the local DCSWP Sports Officer is currently delivering a Winter Walking Programme in St. Anne's Park, Raheny. Open to all abilities – simply arrive to the meeting point at the Red Stables at 10.15am each Wednesday morning. DCC's Community Development staff are also involved in supervising the local walks and it is planned to take the group trail walking further afield as the programme proceeds.
- **HSE & DCC Community Walking Programme – IERNE Sports & Social Club, Drumcondra**
In partnership with the HSE, this initiative is open to members of the public aged 55 years and over. It is planned to take the group to the Phoenix Park for a Christmas walk.
- **Water Polo**
Following on from recent discussions, Water Polo Ireland have indicated they would like to use Coolock Swimming Pool in the New Year for a Coach Education Programme and junior water polo coaching sessions. The pool will be made available free of charge with a view to basic swimming & water polo lessons being delivered to local schools.
- **Leinster Rugby Coaching Programme**
In partnership with a number of primary schools in the area including Naíscóil Íde, Raheny, Leinster Rugby are delivering a number of 'Teacher Coaching' sessions throughout January. Teachers will then be in a position to coach the children over the subsequent weeks & months as part of the Active School Flag.
- **After-School Sports Drop-ins**
These ongoing sessions are a partnership initiative between the DCSWP Sports Officer and Sphere 17 Regional Youth Service / Priorswood Youth Service. Young people have the opportunity to try their hand at sports such as cricket, ultimate frisbee, indoor tennis & basketball. The programmes run on Mondays & Tuesdays from 2.30pm – 4pm.

- **Olympic Handball**
This programme takes place on Tuesday morning/afternoon. It gives pupils from Scoil Fhursa, Kilmore & Our Lady Immaculate, Darndale the chance to try out a new sport.

- **School Athletics**
Runs each Thursday from 12pm to 2.30pm in St. Francis School, Priorswood.

- **Cricket Development Officer Update**

Liaising with Sports Officers in the area to organise the running of cricket programs for the New Year.

Organising days and times with schools in the area for 'schoolyard cricket sessions' to start in January. In particular we will focus on schools that are entered in the Leprechaun Cup (Primary School's Cricket Competition) & the Secondary School Competition.

Provincial cricket sessions will be on Friday nights from 5.00pm-9.30pm right up until late December in North County Cricket Club where we have a number of players from the North Central Area involved in these sessions and in particular around Clontarf/Raheny. Players are between 10-18 years of age.

Contact details

Antonia Martin, Manager, Sports Officer Team: antonia.martin@dublincity.ie

Jason Brady, Sports Officer: jason.brady@dublincity.ie

Michelle Waters, Sports Officer: michelle.waters@dublincity.ie

Paul Donnelly, Sports Officer: paul.donnelly@dublincity.ie

Daniel Russell, Sports Officer: daniel.russell@dublincity.ie

Jimmy Mowlds, FAI Soccer: jimmy.mowlds@fai.ie

Noel Burke, Boxing: noelkarenburke@gmail.com

Fintan McAllister, Cricket: fintan.mcallister@cricketleinster.ie

Billy Phelan, Rugby: billy.phelan@leinsterrugby.ie

Report by

Alan Morrin

Staff Officer

Dublin City Sport & Wellbeing Partnership